Syllabus Reference	Syllabus and Learning Objectives	CB-IR (A) and EIR
040 00 00 00	**HUMAN PERFORMANCE**	
040 01 00 00	**HUMAN FACTORS: BASIC CONCEPTS**	
040 01 03 00	**Flight safety concepts**	
LO	Explain the three components of the Threat and Error Management Model (TEM).	x
LO	Explain and give examples of latent threats	x
LO	Explain and give examples of Environmental Threats	x
LO	Explain and give examples of Organizational Threats	x
LO	Explain and give a definition of Error according the TEM-model in ICAO Annex 1	x
LO	Give examples of different countermeasures which may be used in order to manage Threats, Errors and Undesired Aircraft States	x
LO	Explain and give examples of Procedural Error	x
040 01 04 00	**Safety culture**	
LO	Distinguish between 'open cultures' and 'closed cultures'	x
LO	Illustrate how Safety Culture is reflected by National Culture	x
LO	Explain James Reason's Swiss Cheese Model	x
LO	State important factors that promote a good Safety Culture	x
LO	Distinguish beteween 'Just Culture' and 'Non-punative Culture'	x
LO	Name five components which form Safety Culture (According to James Reason)	x
040 02 00 00	**BASIC AVIATION PHYSIOLOGY AND HEALTH MAINTENANCE**	

Syllabus Reference	Syllabus and Learning Objectives	CB-IR (A) and EIR
040 02 01 00	**Basics of flight physiology**	
040 02 01 02	Respiratory and circulatory systems	
LO	Define 'linear', 'angular' and 'radial acceleration'	x
LO	Describe the effects of acceleration on the circulation and blood volume distribution	x
LO	List the factors determining the effects of acceleration on the human body	x
LO	Describe measures which may be taken to increase tolerance to positive acceleration	x
LO	List the effects of positive acceleration with respect to type, sequence and the corresponding G-load	x
040 02 02 00	**Man and Environment: the sensory system**	
LO	List the different senses	x
LO	State the multi-sensory nature of human perception	x
040 02 02 04	Equilibrium	
	Functional Anatomy	
LO	List the main elements of the vestibular apparatus	x
LO	State the functions of the vestibular apparatus on the ground and in flight	x
LO	Distinguish between the component parts of the vestibular apparatus in the detection of linear and angular acceleration as well as on gravity	x
LO	Explain how the semicircular canals are stimulated	x
	Motion sickness	
LO	Describe air-sickness and its accompanying symptoms	x
LO	List the causes of motion sickness	x
LO	Describe the necessary actions to be taken to counteract the symptoms of motion sickness	x
040 02 02 05	Integration of sensory inputs	
LO	State the interaction between vision, equilibrium, proprioception and hearing to obtain spatial orientation in flight	x

Syllabus Reference	Syllabus and Learning Objectives	CB-IR (A) and EIR
LO	Define the term 'illusion'	x
LO	Give examples of visual illusions based on shape constancy, size constancy, aerial perspective, atmospheric perspective, the absence of focal or ambient cues, autokinesis, vectional false horizons and surface planes	x
LO	Relate these illusions to problems that may be experienced in flight and identify the danger attached to them	x
LO	State the conditions which cause the 'black hole' effect and 'empty field myopia'	x
LO	Give examples of approach and landing illusions, state the danger involved and give recommendations to avoid or counteract these problems	x
LO	State the problems associated with flickering lights (strobe-lights, anti-collision lights, etc.)	x
LO	Give examples of vestibular illusions such as Somatogyral (the Leans), Coriolis, Somatogravic and g-effect illusions	x
LO	Relate the above mentioned vestibular illusions to problems encountered in flight and state the dangers involved	x
LO	List and describe the function of the proprioceptive senses ('Seat-of-the-Pants-Sense')	x
LO	Relate illusions of the proprioceptive senses to the problems encountered during flight	x
LO	State that the 'Seat-of-the-Pants-Sense' is completely unreliable when visual contact with the ground is lost or when flying in IMC or poor visual horizon	x
LO	Differentiate between Vertigo, Coriolis effect and spatial disorientation	x
LO	Explain The Flicker Effect (Stroboscopic Effect) and discuss counter measures	x
LO	Explain how spatial disorientation can result from a mismatch in sensory input and information processing	x
LO	List the measures to prevent and/or overcome spatial disorientation	x
040 03 00 00	**BASIC AVIATION PSYCHOLOGY**	
040 03 02 00	**Human error and reliability**	
040 03 02 02	Mental models and situation awareness	
LO	Define the term 'situation awareness'	x

Syllabus Reference	Syllabus and Learning Objectives	CB-IR (A) and EIR
LO	List cues which indicate the loss of situation awareness and name the steps to regain it	x
LO	List factors which influence one's Situation Awareness both positively and negatively and stress the importance of Situation Awareness in the context of flight safety	x
LO	Define the term 'mental model' in relation to a surrounding complex situation	x
LO	Describe the advantage/disadvantage of mental models	x
LO	Explain the relationship between personal 'mental models' and the creation of cognitive illusions	x
040 03 02 03	Theory and model of human error	
LO	Define the term 'error'	x
LO	Explain the concept of the 'error chain'	x
LO	Differentiate between an isolated error and an error chain	x
LO	Distinguish between the main forms/types of errors (i.e. slips, faults, omissions and violations)	x
LO	Discuss the above errors and their relevance in-flight	x
LO	Distinguish between an active and a latent error and give examples	x
040 03 02 04	Error generation	
LO	Distinguish between internal and external factors in error generation	x
LO	Identify possible sources of internal error generation	x
LO	Define and discuss the two errors associated with motor programmes	x
LO	List the three main sources for external error generation in the cockpit	x
LO	Give examples to illustrate the following factors in external error generation in the cockpit: — Ergonomics — Economics — Social environment	x
LO	Name major goals in the design of human centred man-machine interfaces	x
LO	Define the term 'error tolerance'	x

Syllabus Reference	Syllabus and Learning Objectives	CB-IR (A) and EIR
LO	List (and describe) strategies which are used to reduce human error	x
040 03 03 00	**Decision making**	
040 03 03 01	Decision-making concepts	
LO	Define the term 'deciding' and 'decision-making'	x
LO	Describe the major factors on which a decision-making should be based during the course of a flight	x
LO	Describe the main human attributes with regard to decision making	x
LO	Discuss the nature of bias and its influence on the decision making process	x
LO	Describe the main error sources and limits in an individual's decision making mechanism	x
LO	State the factors upon which an individual's risk assessment is based	x
LO	Explain the relationship between risk assessment, commitment, and pressure of time on decision making strategies	x
LO	Describe the positive and negative influences exerted by other group members on an individual's decision making process	x
LO	Explain the general idea behind the creation of a model for decision making based upon: — definition of the aim — collection of information — risk assessment — development of options — evaluation of options — decision — implementation — consequences — review and feedback	x
040 03 04 00	**Avoiding and managing errors: cockpit management**	
040 03 04 01	Safety awareness	

Syllabus Reference	Syllabus and Learning Objectives	CB-IR (A) and EIR
LO	Justify the need for being aware of not only one's own performance but that of others before and during a flight and the possible consequences and/or risks	x
LO	Stress the overall importance of constantly and positively striving to monitor for errors and thereby maintaining situation awareness	x
040 03 06 00	**Human overload and underload**	
040 03 06 02	Stress	
LO	Explain the biological reaction to stress by means of the general adaptation syndrome (GAS)	x
LO	Name the 3 phases of the GAS	x
LO	Name the symptoms of stress relating to the different phases of the GAS	x
LO	Explain how stress is cumulative and how stress from one situation can be transferred to a different situation	x
LO	Explain how successful completion of a stressful task will reduce the amount of stress experienced when a similar situation arises in the future	x
LO	Describe the effect of human under/overload on effectiveness in the cockpit	x
LO	List sources and symptoms of human underload	x
040 03 07 00	**Advanced cockpit automation**	
040 03 07 01	Advantages and disadvantages	
LO	Define and explain the basic concept of automation	x
LO	List the advantages/disadvantages of automation in the cockpit in respect of level of vigilance, attention, workload, situation awareness and crew coordination	x
LO	State the advantages and disadvantages of the two components of the man-machine system with regard to information input and processing, decision making, and output activities	x
LO	Explain the 'ironies of automation'	x
LO	Give examples of methods to overcome the disadvantages of automation	x
040 03 07 02	Automation complacency	
LO	State the main weaknesses in the monitoring of automatic systems	x

Syllabus Reference	Syllabus and Learning Objectives	CB-IR (A) and EIR
LO	Explain the following terms in connection with automatic systems: — Passive monitoring — Blinkered concentration — Confusion — Mode awareness	x
LO	Give examples of actions which may be taken to counteract ineffective monitoring of automatic systems	x
LO	Define 'complacency'	x
040 03 07 03	Working concepts	
LO	Summarise how the negative effects of automation on pilots may be alleviated	x
LO	Interpret the role of automation with respect to flight safety	x