Syllabus reference	Syllabus details and associated Learning Objectives	CB-IR(A) and EIR
033 00 00 00	**FLIGHT PLANNING AND FLIGHT MONITORING**	
033 02 00 00	**FLIGHT PLANNING FOR IFR FLIGHTS**	
033 02 01 00	**IFR Navigation plan**	
033 02 01 01	Airways and routes	
LO	Select the preferred airway(s) or route(s) considering: — Altitudes and Flight levels — Standard routes — ATC restrictions — Shortest distance — Obstacles — Any other relevant data	x
033 02 01 02	Courses and distances from en-route charts	
LO	Determine courses and distances	x
LO	Determine bearings and distances of waypoints from radio navigation aids	x
033 02 01 03	Altitudes	
LO	Define the following altitudes: — Minimum En-route Altitude (MEA) — Minimum Obstacle Clearance Altitude (MOCA) — Minimum Off Route Altitude (MORA) — Grid Minimum Off-Route Altitude (Grid MORA) — Maximum Authorised Altitude (MAA)	x

Syllabus reference	Syllabus details and associated Learning Objectives	CB-IR(A) and EIR
	— Minimum Crossing Altitude (MCA) — Minimum Holding Altitude (MHA)	
LO	Extract the following altitudes from the chart(s): — Minimum En-route Altitude (MEA) — Minimum Obstacle Clearance Altitude (MOCA) — Minimum Off Route Altitude (MORA) — Grid Minimum Off-Route Altitude (Grid MORA) — Maximum Authorised Altitude (MAA) — Minimum Crossing Altitude (MCA) — Minimum Holding Altitude (MHA)	x
033 02 01 04	Standard Instrument Departures (SIDs) and Standard Arrival Routes (STARs)	
LO	Explain the reasons for studying SID and STAR charts	x
LO	State the reasons why the SID and STAR charts show procedures only in a pictorial presentation style which is not to scale	x
LO	Interpret all data and information represented on SID and STAR charts, particularly: — Routings. — Distances — Courses — Radials — Altitudes/Levels — Frequencies — Restrictions	x
LO	Identify SIDs and STARs which might be relevant to a planned flight	x
033 02 01 05	Instrument Approach Charts	
LO	State the reasons for being familiar with instrument approach procedures and appropriate data for departure, destination and alternate airfields	x
LO	Select instrument approach procedures appropriate for departure, destination and alternate airfields	x

Syllabus reference	Syllabus details and associated Learning Objectives	CB-IR(A) and EIR
LO	Interpret all procedures, data and information represented on Instrument Approach Charts, particularly: — Courses and Radials — Distances — Altitudes/Levels/Heights — Restrictions — Obstructions — Frequencies — Speeds and times — Decision Altitudes/Heights (DA/H) and Minimum Descent Altitudes/Heights (MDA/H) — Visibility and Runway Visual Ranges (RVR) — Approach light systems	x
033 02 01 06	Communications and Radio Navigation planning data	
LO	Find communication frequencies and call signs for the following: — Control agencies and service facilities — Flight information services (FIS) — Weather information stations — Automatic Terminal Information Service (ATIS)	x
LO	Find the frequency and/or identifiers of radio navigation aids	x
033 02 01 07	Completion of navigation plan	
LO	Complete the navigation plan with the courses, distances and frequencies taken from charts	x
LO	Find Standard Instrument Departure and Arrival Routes to be flown and/or to be expected	x
LO	Determine the position of Top of Climb (TOC) and Top of Descent (TOD) given appropriate data	x
LO	Determine variation and calculate magnetic/true courses	x
LO	Calculate True Air Speed (TAS) given aircraft performance data, altitude and Outside Air Temperature (OAT)	x
LO	Calculate Wind Correction Angles (WCA)/Drift and Ground Speeds (GS)	x

Syllabus reference	Syllabus details and associated Learning Objectives	CB-IR(A) and EIR
LO	Determine all relevant Altitudes/Levels particularly MEA, MOCA, MORA , MAA, MCA, MRA and MSA	x
LO	Calculate individual and accumulated times for each leg to destination and alternate airfields	x
033 03 00 00	**FUEL PLANNING**	
033 03 01 00	General	
LO	Convert between volume, mass and density given in different units which are commonly used in aviation	x
LO	Determine relevant data from flight manual, such as fuel capacity, fuel flow/consumption at different power/thrust settings, altitudes and atmospheric conditions	x
LO	Calculate attainable flight time/range given fuel flow/consumption and available amount of fuel	x
LO	Calculate the required fuel given fuel flow/consumption and required time/range to be flown	x
LO	Calculate the required fuel for an IFR flight given expected meteorological conditions and expected delays under defined conditions.	x
033 04 00 00	**PRE-FLIGHT PREPARATION**	
033 04 01 00	NOTAM briefing	
033 04 01 01	Ground facilities and services	
LO	Check that ground facilities and services required for the planned flight are available and adequate	x
033 04 01 02	Departure, destination and alternate aerodromes	
LO	Find and analyse the latest state at the departure, destination and alternate aerodromes, in particular for: — Opening hours — Work in Progress (WIP) — Special procedures due to Work in Progress (WIP) — Obstructions — Changes of frequencies for communications, navigation aids and facilities	x
033 04 01 03	Airway routings and airspace structure	
LO	Find and analyse the latest en-route state for: — Airway(s) or Route(s)	x

Syllabus reference	Syllabus details and associated Learning Objectives	CB-IR(A) and EIR
	— Restricted, Dangerous and Prohibited areas — Changes of frequencies for communications, navigation aids and facilities	
033 04 02 00	Meteorological briefing	
033 04 02 02	Update of navigation plan using the latest meteorological information:	
LO	Confirm the optimum altitude/FL given wind, temperature and aircraft data	x
LO	Confirm magnetic headings and ground speeds	x
LO	Confirm the individual leg times and the total time en route	x
LO	Confirm the total time en route for the trip to the destination	x
LO	Confirm the total time from destination to the alternate airfield	x
033 04 02 05	Update of fuel log	
LO	Calculate revised fuel data in accordance with changed conditions	x
033 05 00 00	**ICAO FLIGHT PLAN (ATS Flight Plan)**	
033 05 01 00	Individual Flight Plan	
033 05 01 01	Format of Flight Plan	
LO	State the reasons for a fixed format of an ICAO ATS Flight Plan (FPL)	x
LO	Determine the correct entries to complete an FPL plus decode and interpret the entries in a completed FPL, particularly for the following: — Aircraft identification (Item 7) — Flight rules and type of flight (Item 8) — Number and type of aircraft and wake turbulence category (Item 9) — Equipment (Item 10) — Departure aerodrome and time (Item 13) — Route (Item 15) — Destination aerodrome, total estimated elapsed time and Alternate aerodrome (Item 16) — Other information (Item 18) — Supplementary Information (Item 19)	x

Syllabus reference	Syllabus details and associated Learning Objectives	CB-IR(A) and EIR
033 05 01 02	Completion of an ATS Flight Plan (FPL)	
LO	Complete the Flight Plan using information from the following: — Navigation plan — Fuel plan — Operator's records for basic aircraft information	x
033 05 03 00	Submission of an ATS Flight Plan (FPL)	
LO	Explain the requirements for the submission of an ATS Flight Plan	x
LO	Explain the actions to be taken in case of Flight Plan changes	x
LO	State the actions to be taken in case of inadvertent changes to Track, TAS and time estimate affecting the current Flight Plan	x
LO	Explain the procedures for closing a Flight Plan	x